

Early Childhood Collaborative of Southington The Impact of Childhood Trauma Workshop Resources

NCTSN:

nctsn.org/resources

Resources for Parents, Caregivers, Educators, information on Early Childhood Trauma, the 12 Core Concepts of being trauma informed, the symptoms and behaviors associated with exposure to trauma

ACES Study: <https://www.cdc.gov/violenceprevention/acestudy/index.html>

CT Resources/ Find a provider:

[CHDI.org](https://www.chdi.org)

Publications and Information on child health and behavioral health issues.
Example - CHDI Issue Brief “Supporting Young Children Who Experience Trauma”
(3/17)

[KidsMentalHealthInfo.com](https://www.kidsmentalhealthinfo.com)

Answers to understanding child mental health issues and links to community supports, resources and a provider directory

Southington Behavioral Health Resource Directory

www.ctclearinghouse.org/southingtonmhdirectory

Provides information for Southington consumers, families and providers looking for mental health and addiction resources that are available in the Southington community.

211 (via phone) and www.211ct.org

Connects callers to critical health and human services in their community from utility assistance, food, housing, child care, after school programs, elder care, crisis intervention and much more. 2-1-1 is operated by the United Way.

Department of Children and Families ARGs

Each area DCF office has specialized staff (The Area Resource Group) that provide consultation and referral information to DCF workers and to families that are receiving DCF services.