



Wheeler

**SOUTHINGTON
COMMUNITY HEALTH
Outreach Project**

Funded by the Barnes Memorial Trust at Main Street Community Foundation



Maternal and Postpartum

Behavioral Health Resources Assurances




Wheeler

**CONNECTICUT
Clearinghouse**

a program of the Connecticut Center for Prevention, Wellness and Recovery

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What is Southington Community Health Outreach Project

The **Southington Community Health Outreach Project** helps Southington residents access information and resources related to behavioral health—including mental health, substance abuse, and overall well-being—by providing comprehensive support.

Three-tiered approach includes:

- ▶ Community **outreach** and health **education**
- ▶ **System navigation** assistance for behavioral and mental health services
- ▶ Reducing barriers to care for Southington residents through **service referrals**

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**SOUTHINGTON
Behavioral Health
Resource Directory**

FOURTH EDITION




Funded by the Bradley H. Barnes & Leila U. Barnes Memorial Trust
at Main Street Community Foundation

Looking for behavioral health resources and service referrals?

Assistance is available. Reach out today.

Contact Us

Magdalin Odoi
Senior Community Health Outreach Coordinator

(860) 604-7448
modoi@wheelerhealth.org
www.ctclearinghouse.org

MONTHLY OUTREACH DATES AND LOCATIONS

Southington Public Library
1st Thursday: 2:30pm – 4:30pm
2nd Monday: 11:00am – 12:00pm
3rd Tuesday: 5:00pm – 6:30pm
Last Friday: 11:00am – 12:00pm

Calendar House Senior Center
1st Tuesday: 2:30pm-4:30pm
3rd Thursday: 11:15am-1:15pm


Bread For Life
2nd Tuesday and last Thursday
11:30am-12:30pm

Southington YMCA Spirit, Mind, & Body Center
3rd Thursday: 8:30am-10:00am
3rd Friday: 9:00am-10:00am

Southington YMCA Main Building Lobby
1st Monday: 3:30pm-4:30pm
2nd Tuesday: 10:00am-11:00am

Fancy Bagel
Last Wednesday of the month
12:30pm-1:30pm

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Contact Connecticut Clearinghouse at:

www.ctclearinghouse.org
info@ctclearinghouse.org
1.800.232.4424

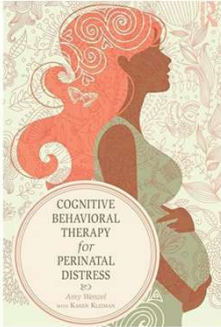
Aisha Hamid – Program Manager
Agnes Skowron – Librarian
Holly Giardina – Project Coordinator
Sarah Gaudiana – Prevention Specialist
Angela Corsino – Prevention Specialist

Visit:
334 Farmington Avenue (Route 10)
Plainville, CT 06062
Hours: Monday-Friday,
8:30 AM – 5:00 PM







Connecticut’s Library and Resource Center for Information on:

- Substance Misuse
- Mental Health
- Prevention, Harm Reduction and Health Promotion
- Treatment and Recovery
- Wellness and Related Topics



A Program of Wheeler Clinic, Funded by the Connecticut Department of Mental Health and Addiction Services

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ECCS

Early Childhood Collaborative of Southington

Questions?

Survey

Thank You

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ECCS

Early Childhood Collaborative of Southington

www.southingtonearlychildhood.org

35 North Main Street, Box 10, Suite 3A-8, Southington, CT

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(860) 385-1665

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